

# ***Mercy May 2024 Update***

**May is Sports and Exercise Awareness Month**

**Mercy Orthopedic Walk-In Clinic**

**Play Hard, We've Got You**

**On-Site Wellness Checks for your Employees**

**Provider Profile:**

Htin Aung, MD, FCC,  
Interventional/Structural Cardiology

**Welcome New Provider:**

Alicia Zacher, FNP

**Radiology Services available along I-44 Corridor at Mercy**

**Are you Struggling With Grief?**

Grief Lunch & Learn, May 8<sup>th</sup> at Mercy Hospital-Lebanon

**Traveling This Summer? Stay Connected to your Doctor**  
"Mercy Share Everywhere"

**3-D Mammography Open House at Mercy St. Francis**

**Women with a Mission**





**Play on.**

# Mercy Orthopedic Walk-in Care has you covered.

Broken bones, sprains and strains... they're all part of the game. Mercy is ready with walk-in care for sudden injuries, days, nights and Saturdays. Our ortho experts are on hand to diagnose and treat your injury.

So play hard and play long. We've got you.

**Mercy Orthopedic Walk-in Care**  
3050 E. River Bluff Blvd. | Ozark  
417.885.3037

M-Th | 8 a.m. – 7 p.m.  
F | 8 a.m. – 4:30 p.m.  
Sat | 8 a.m. – Noon



**Mercy** 

Scan to hold your place online or  
learn more at [mercy.net/SpringfieldWalkIn](https://mercy.net/SpringfieldWalkIn)

# Healthy Employees are Happy Employees

## On-site Biometric Screenings



### Healthy employees improve your bottom line.

Biometric screenings are administered by a team of trained healthcare professionals who assist individuals in making changes that can positively impact their personal and professional lives.

#### Product Features:

- Blood draw. Lipid panel (total cholesterol, HDL, LDL, triglycerides) and hemoglobin A1c (diabetes screening)
- Blood pressure
- Weight and waist measurement
- Lab results available to participant via *MyMercy*
- Lab results available to Mercy physicians
- Aggregate group statistics and wellness plan offered to employer



### Why offer Health Risk Assessments to your employees?

Providing employees health and wellness services shows that you value them as part of your team. It clearly says “**you care.**” Enabling employees to identify health concerns can prevent advancement of more serious diseases and larger healthcare claims. Healthier employees lead to a healthier bottom line.



*Your life is our life's work.*

mercy.net



# Provider Spotlight



**Htin Aung, MD, FACC**  
Interventional and Structural Cardiology

## Mercy Clinic Cardiology

1235 E. Cherokee St.  
Springfield, MO 658048  
417.820.3911



*Your life is our life's work.*

## Htin Aung, MD, FACC

Interventional and Structural Cardiology

### Clinical Interests

- TAVR
- Transcatheter edge-to-edge repair (mitral clip)
- Left atrial appendage occlusion (watchman)
- PFO closures
- Coronary artery disease
- Valvular heart disease
- Structural heart disease

### Board Certified

American Board of Internal Medicine  
(Interventional Cardiology)  
American Board of Internal Medicine  
(Cardiovascular Disease)  
National Board of Echocardiography  
American Board of Internal Medicine

### Medical School

University of Texas Medical Branch at Galveston

### Residency

Mayo Clinic College of Medicine and Science -  
Internal Medicine

### Fellowship

Mayo Clinic College of Medicine -  
Cardiovascular Disease  
Mayo Clinic College of Medicine -  
Interventional Cardiology

Dr. Aung is part of an entire Mercy care team providing convenient, personalized care to help you live your best life.

Our free MyMercy app makes it easy to contact your care team, renew prescriptions, see test results, pay bills and more, all from your PC, tablet or smartphone.

For more information or to schedule an appointment, call **417.820.3911**.

[Learn more at mercy.net](https://www.mercy.net)

# Welcome New Provider

Mercy Clinic Family Medicine-Buffalo  
118 W. Dallas Street, Buffalo, MO 65622



**Alicia Zacher, FNP**  
**Family Medicine**

To schedule an appointment, call: (417) 345-6101



# Imaging available where you live.

**Mercy offers expanded imaging location in Rolla.**

**X-Ray**

Mon. - Fri. | 7 a.m. - 5 p.m.

**MRI**

Mon. - Fri. | 7:30 a.m. - 4:30 p.m.

**Echocardiography**

Mon.-Fri. | 7 a.m. - 4:30 p.m.

**CT**

Mon. - Fri. | 7 a.m. - 3 p.m.

**Mammography**

Mon. - Fri. | 7:30 a.m. - 3 p.m.

**General and Vascular**

**Ultrasound**

Mon. - Fri. | 7 a.m. - 4:30 p.m.

## **Mercy Imaging Services - Rolla**

1605 Martin Springs Drive, Suite 110 | Rolla, MO 65401

**417.820.8080**

Call to schedule or learn more at  
[mercy.net/RollaImaging](https://mercy.net/RollaImaging)





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# Anticipatory Grief Lunch & Learn

Wednesday, May 8, 2024 – 12 noon  
Conference Rooms 1-4 at Mercy Hospital Lebanon  
Led by Chaplain Neal Wilkinson

Complimentary lunch  
Every attendee receives a resource book and inspirational book  
free of charge.

Call 417-533-6060 to RSVP or email [brenda.warren@mercy.net](mailto:brenda.warren@mercy.net).  
This event is open to the public and all coworkers.

Anticipatory grief, also referred to as anticipatory loss or preparatory grief, is the distress a person may feel in the days, months, or even years before the death of a loved one or other impending loss. It is the experience of knowing that a change is coming and starting to experience bereavement in the face of that. Many of us have experienced anticipatory grief without realizing there's even a name for it.



Chaplain Neal Wilkinson



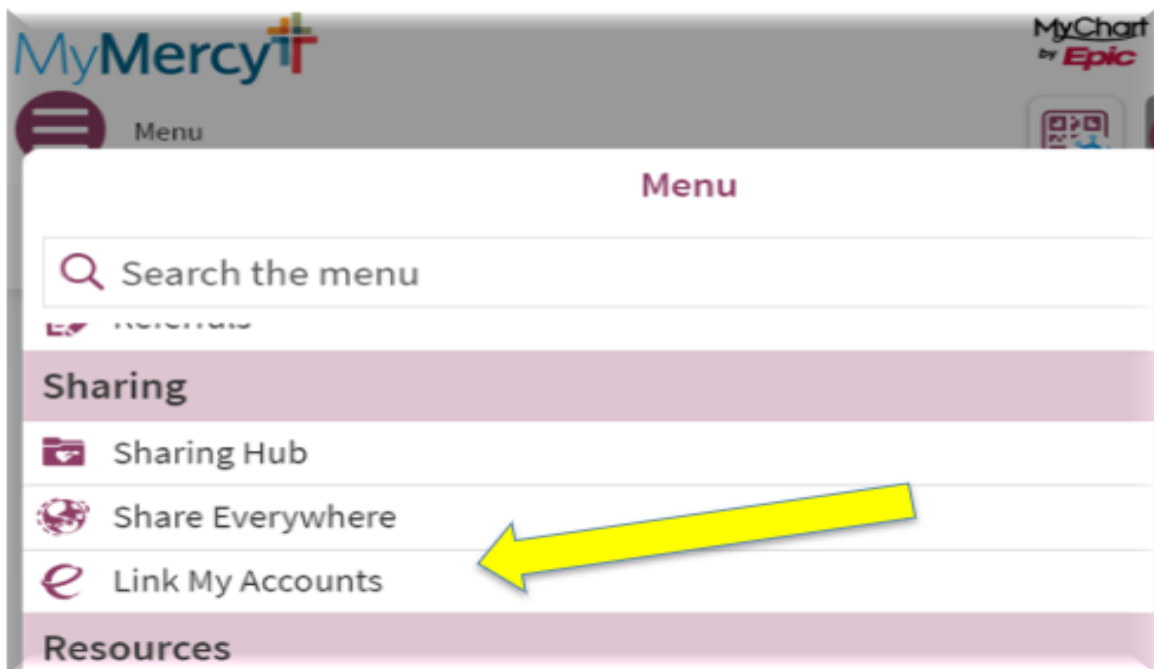
# Stay Connected to your Doctor as you Travel



Travelling this holiday season? **“Share Everywhere”** gives you temporary access to your medical files for healthcare providers when you’re out of town.

1) Sign-in to MyMercy

2) Under *Menu*, select **“Share Everywhere”**



## Share Everywhere

Give one-time access to your medical record to any clinician in the world with internet access.

Share now



# You're Invited!



**Date:** Tuesday, May 21<sup>st</sup>

**Time:** 4:00 p.m.

**Location:**

Mercy St. Francis Hospital  
100 W. U.S. Highway 60

We would like to invite you to a blessing ceremony followed by a come-and-go reception in honor of our new 3D Mammography machine in Mountain View. **Mercy St. Francis Hospital** is thrilled to now offer the latest in breast imaging technology. Advantages 3D mammography offers include:

- Better screening and earlier detection through minimization of overlapping tissues in images
- Enhanced image quality allowing better visualization for radiologists to help distinguish harmless abnormalities from real cancers
- Reduced patient anxiety and fewer callbacks

Mercy St. Francis Hospital mammograms are read by dedicated, fellowship trained breast radiologists.

**For questions, please call 417.934.7175**





*"Like your school,  
your church, your family...  
your hospital becomes  
a part of your life."*

- Jeanette F.

*"Women with a Mission  
brings the heart of Mercy  
to the community."*



- Michelle B.



*"Collectively,  
Women with a Mission  
donations are substantial  
and have real impact."*

- Sarah J.

*"Mothers, daughters, sisters,  
grandmothers — all united  
for a good cause."*



- Andrea W.

# women WITH A MISSION

## Women with a Mission

Striving to continue the legacy of Catherine McAuley, the **Women with a Mission** giving society combines resources, vision and passion for helping others to support and improve health care in our communities.

## Our Mission

As the Sisters of Mercy before us, we bring to life the healing ministry of Jesus through our compassionate care and exceptional service.

## Our Purpose

Through collaborative partnerships, Mercy Health Foundation impacts the flourishing of our communities by inviting into our ministry those who have a passion to improve quality of life and make care accessible for all.

## Mercy<sup>+</sup> Health Foundation

Women with a Mission  
Mercy Health Foundation Lebanon  
100 Hospital Drive | Lebanon, MO 65536  
417.533.6192

[mercyhealthfoundation.net/lebanon/WWAM](http://mercyhealthfoundation.net/lebanon/WWAM)



# women WITH A MISSION

Giving together to  
transform lives



Women with a Mission

Yes, I want to be a part of  
**Women with a Mission!**

To join, complete this form and mail to the address below. Or join online by visiting:  
[mercyhealthfoundation.net/lebanon/WWAM](http://mercyhealthfoundation.net/lebanon/WWAM)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

I would like to sponsor someone's membership for \$1,000. Sponsored member's name: \_\_\_\_\_

### Payment options:

**Check**  
Enclosed is a check payable to **Mercy Health Foundation** for \$ \_\_\_\_\_

Annually | \$1,000       Semi-annually | \$500

Quarterly | \$250       Monthly | \$84

**Credit Card**

I will enter my credit card information securely online by scanning the QR code or visiting [mercyhealthfoundation.net/lebanon/WWAM](http://mercyhealthfoundation.net/lebanon/WWAM)



**Mercy Co-worker Payroll Deduction**

\$40 per pay period  
Lawson ID \_\_\_\_\_  
Signature \_\_\_\_\_

I would like information about Legacy Giving and the Callaghan Society

### PLEASE MAIL COMPLETED FORM TO:

**Women with a Mission**

Mercy Health Foundation  
100 Hospital Drive  
Lebanon, MO 65536

Women with a Mission donations to Mercy Health Foundation are tax deductible.

